

# Faux Red Velvet Truffles

## Ingredients:

1 large beet

1/2 cup coconut flour

1/2 cup unsweetened shredded coconut

[American Journey Training Bits \(beef recipe\)](#)

3 tbsp carob chips

2 tbsp all-natural peanut butter (xylitol is toxic to dogs)

1/3 cup unsweetened peanut butter



## Instructions:

1. Peel beet and cut into cubes. Boil in water for 15 minutes (until easily pierced with a knife).
2. Drain water and puree beet in blender until smooth (should yield approx. 3/4 cup of puree).
3. Add carob chips to beet and blend until smooth (heat from beets should melt the chips).
4. Pour beet mixture into a bowl and stir in peanut butter and flour.
5. Roll into bite-sized balls.
6. Press a dog treat into the center and pinch the hole closed.
7. Roll ball into shredded coconut.
8. Refrigerate for 20 minutes or until firm. May be stored in refrigerator for up to a week.

2022 Christmas Year (from <https://be.chewy.com>)