

Carob Peppermint “Bark”

Ingredients:

1 tbsp unsweetened carob chips

1 tbsp oatmeal

1/8 tsp peppermint oil

2 tbsp plain Greek Yogurt

Instructions:

1. Mix oatmeal, yogurt, and peppermint oil in a small mixing bowl with a spoon.
2. In a microwave-safe bowl, microwave carob chips for 60 seconds, in 15-second intervals, mixing in between.
3. Pour the melted carob chips into the first bowl until blended.
2. Gently stuff into the **KONG**. Freeze overnight for a cool treat!

2022 Christmas Year (from <https://be.chewy.com>)